



## LIFEGROUP RESOURCES: 03.22.26 Pulpit Curriculum

### Sorrow Overcome with Joy

Main Passage: John 16:16-33

Take heart, Christian. Your sorrow will turn into joy and peace because Jesus has overcome the world!

#### 1) Take Heart, Your Sorrow Will Turn into Joy (vv. 16-22)

[Rom. 5:1-5; Gal. 5:22]

- In the Upper Room, Christ reminds His disciples that although He will suffer and there will be great weeping and lament among them because of His death, that is not the end of the story; he will rise again and go to the Father, and joy will be theirs in Him.

A. Jesus uses the analogy of the pain of childbirth and the joy that comes once the child is born to explain the plan of salvation and the hope we have in Him and in eternity. How or why do you find your joy in Christ in the midst of suffering? \_\_\_\_\_

B. In our culture in America, comfort and joy are commodities that are marketed to you through material possessions, health & wellness, beauty, entertainment, etc. but Christians should know that anything the world offers will not satisfy. Discuss the difference between the joy that Christ offers and what the world defines as joy. \_\_\_\_\_

#### 2) Take Heart, Your Father Loves You and Will Answer Your Prayers (vv. 23-28)

[1 John 2:20; John 15:7; Luke 24:45; John 3:16; 1 John 4:19]

- Because the disciples love and follow Jesus, the Father loves them, and their prayers are answered. This reality is true for us as well as Christians.
- C. The promise that our prayers will be answered is because true Christians have a heart of obedience and love for God, not self. How have you seen your prayer life mature to become more about God's will and glory than your own?

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D. We could all strengthen our spiritual discipline of prayer. Choose one person in your Lifegroup and commit to praying for them every day this week. \_\_\_\_\_

3) Take Heart, In Christ, We Overcome Because He Has Overcome the World (vv. 29-33)

[Rom. 8:31-39]

- The disciples had zeal for Christ in their words, but their actions would reflect otherwise when adversity came. We must remember that the Lord is forever faithful to us, no matter what comes our way. His peace will prevail.

a. *Rejoice* in the Death and Resurrection of Jesus

b. *Relish* in the Father's Love for You

c. *Rest* in the Finished Work of Jesus on Your Behalf

E. We must hide scripture in our hearts, especially to endure trial and suffering in this life. List 3 verses that strengthen a heavenly and eternal perspective.

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F. How does knowing that Jesus has overcome the world change the way you respond to trials? \_\_\_\_\_

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"That Jesus has overcome the world means sin has no claim, death has no victory, and Satan has no chance of success." –Jim Hamilton