



## **Pulpit Curriculum 3.29.20**

### 5 Encouragements for the Mutant Swarm

Psalm 90

#### **1. We can always come home v.1-2**

- How are you sheltering in God's strength right now?
- What can you do differently to do that more consistently?

#### **2. His strength shines in our weakness v. 3-6**

- In 2 Corinthians 12, Paul talks about how God sent a thorn in his flesh -- some kind of physical malady -- so that Paul would not become conceited in his own strengths, but would rely on God's strength.
- This crisis isn't a physical malady for most of us yet, but it has certainly reminded us of our limits. How are you learning to rely on God more and your own power less?

*Q: What is this Life Group doing that is helping you?*

*Q: Where can we do more for each other?*

#### **3. He has paid it all v. 7-9**

- If you are not confident that Jesus has taken the wrath for you -- if you don't know that you're born again and saved by the blood of Jesus Christ -- please reach out to us (your Lifegroup leaders or Elders) so we can talk with you, pray with you, and help you have that assurance.

In a time like this, assurance of salvation can mean everything -- and not just because we know we're going to Heaven when we die. The story of the gospel also shows us that God loves us sacrificially, and we know that's true regardless of the hardship we go through. It shows us that God has a plan, and He is working out that plan through all of history. And it shows us that just when things are at their darkest, God's victory becomes visible to all.

#### **4. Teach us to number our days v. 10-12**

- In the Bible, Enoch and Elijah went to Heaven without ever dying. The generation of Christians that sees the Rapture will do the same. The rest of us are going to experience physical death, whether it's by this Coronavirus or not. Knowing that, and with death being more in our minds during this crisis, what truths have been brought home to you?
- How have you learned to apply them to your life?
- Ephesians 5:15-16 How are you making use of this time?

- How will you use the neighbor sheets that we can download and print from the church website (or from the Group resources)

## 5. Grace upon grace v. 13-17

- Verses 13 through 17 talk about God's compassion, God's steadfast love, the joy and gladness we receive from God, His glorious power, and His favor upon us. It ends with a prayer that He will establish the work of our hands -- that the work we do will last into eternity.
- Which of those do you need most right now?
- 1 Cor. 3 goes along with "establishing the work of our hands"

## Meditation Questions

1. How are you sheltering in God's strength right now? What can you do differently to do that more consistently?
2. How are you learning to rely on God more and your own power less? What is this Life Group doing that is helping you? Where can we do more for each other?
3. Are you confident that Jesus has taken the wrath that Noah talks about in 90:7-9 for you?
4. With death being more in our minds during this crisis, what truths have been brought home to you? How have you learned to apply them to your life?
5. Verses 13 through 17 talk about God's compassion, God's steadfast love, the joy and gladness we receive from God, His glorious power, and His favor upon us. It ends with a prayer that He will establish the work of our hands -- that the work we do will last into eternity. Which of those do you need most right now?

## Prayer/Scripture Guide

### Psalm 34:8-14

Prayer for Health Care Professionals

Pray for Christian healthcare workers to have an enhanced witness as they serve in the trenches. Pray for the light of Christ to shine through their sacrificial care for the sick. Pray for the physical protection of healthcare workers and endurance for them to meet the daunting demands

### 1Thess. 5:5-11

Prayer for Finances

Pray for Christians who have been left unemployed due to the pandemic. Pray that the financial trial would drive unbelievers to Christ, the source of all provision.

### Isaiah 43:1-7

Prayer for trusting in God

Pray for a solid trust in The Sovereign and Unchanging God during this unprecedented time.